

FISHERMAN'S MARK HEALTHY FOOD DRIVE

Our goal is to provide healthy food options to our clients—
your help makes that possible

- Peanut & Nut Butters
- Canned Tuna, Salmon or Chicken
- Low Sodium Soups
- Canned or Dried Beans
- Canned Fruit (in water or juice) or Dried Fruit
- Low Sodium Canned Vegetables
- Pet Food
- Spices
- Diapers
- Brown Rice and Whole Grain Pasta
- Healthy Snacks
- Condiments (eg. ketchup, mustard, salad dressing)
- Whole Grain Baking Mixes
- Pasta Sauce
- Gluten Free Items
- Personal Hygiene Products



Monetary contributions are always welcome.
for each dollar donated —we can provide over 5 lbs. of food!!
For more information please visit www.fishermansmark.org