



West Amwell Township School

South Hunterdon Regional School District
May 2017 Lunch Menu

Mac's Nutrition News

Enjoy the nice spring weather and celebrate National BBQ Month with your friends and family!

Try a variety of grilled fruits and vegetables such as corn, zucchini, bell peppers, eggplant, Portobello mushrooms, asparagus, peaches, pineapples, apples, and more!

All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch. Fruit of the Day and Low Fat Milk Choice

Student Lunch \$2.85
 Reduced Lunch \$0.40
 Adult Lunch \$3.90

MASCHIO'S MAIN EVENT

Maschio's Swap Outs

May 1st-5th : Grilled Chicken Sandwich

May 8th-12th: Ham & Cheese on Wheat

May 15th-19th: Hot Dog on a Bun

May 22nd-26th : Corn Dogs

May 29th-31st : Grilled Chicken Sandwich

Maschio's Swap Outs Available Daily

Bagel Bag Meal
 Cereal Bag Meal



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily



Check us out on Facebook : [Maschio's Food Services, Inc.](#)

Monday	Tuesday	Wednesday	Thursday	Friday
1 Crispy Chicken Sandwich Fresh Veggie Dippers Fresh or Chilled Fruit	2 Megan & Mia's Pasta w/ Meat Balls Dinner Roll Vegetable Medley Fresh or Chilled Fruit	3 New Item! Wafflelicious Wednesday Waffles with Warm Berry Compote Breakfast Sausages Sweet Potato Waffle Fries Fresh or Chilled Fruit	4 STAR WARS DAY! Grilled Cheese and Ham Solo Sandwich Vader Tater Tots Galaxy Swirl Sorbet	5 New Items! CINCO DE MAYO! Pizza Cheese Quesadilla Southwestern Corn Fresh or Chilled Fruit Warm Cinnamon Churro School Lunch Hero Day
8 China Sweet and Sour Chicken over Rice Broccoli Mandarin Oranges	9 Mexico Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa Steamed Rice Steamed Corn Fresh or Chilled Fruit	10 Germany All Beef Frankfurter on a Bun Baked Beans Applesauce	11 America Hamburger or Cheeseburger on a Bun Sweet Potato Crinkle Fries Home-Style Apple Crisp National BBQ Month	12 Italy Panatieri's Cheese Pizza Freshly Prepared Italian House Salad Fresh or Chilled Fruit
15 Cynthia's Boneless Chicken Wings Dinner Roll Carrot Sticks Fresh or Chilled Fruit	16 Breakfast for Lunch Pancakes Breakfast Sausages Maple Cinnamon Sweet Potatoes Fresh or Chilled Fruit	17 Lucky Tray Day! Pasta w/ Meat Sauce Smile Fries Fresh Veggie Dippers Fresh or Chilled Fruit	18 Baked Macaroni & Cheese Dinner Roll Sweet Peas Fresh or Chilled Fruit	19 Mini Cheese Pizza Bagels Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit
22 Addison's Buffalo Popcorn Chicken Confetti Rice Steamed Carrots Fresh or Chilled Fruit	23 Baked Ziti Garlic Bread Sautéed Spinach Fresh or Chilled Fruit	24 Breakfast for Lunch French Toast Sticks Breakfast Sausage Hash Browns Fresh or Chilled Fruit	25 SCOOP-A-BOWL with Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, and Salsa Tostitos SCOOPS! [®] Tortilla Chips Steamed Corn Fresh or Chilled Fruit	26 Panatieri's Cheese Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit
29 Memorial Day School Closed 	30 Cheesesteak Sandwich with Peppers and Onions Battered French Fries Fresh or Chilled Fruit	31 Sausage, Egg, And Cheese On a Roll Tater Tots Fresh or Chilled Fruit	 Celebrate World Food Week!	

Our well-balanced lunches available for the week, average between 600-650 calories, with less

Questions or Concerns? Please Visit www.MaschioFood.com
 Or Call Maschio's Food Services at: (609)397-0819

Lunch Money On Account

ON LINE MEAL PAYMENTS! (Coming Soon) www.payforit.net
OR Send In An Envelope With Student Name, Grade & School
 Attention 'Food Service'

Checks or Money Orders payable to:
 South Hunterdon Regional School District

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"