



**West Amwell Township School**  
**South Hunterdon Regional School District**  
**April 2017 Lunch Menu**

Healthy Meals Grow Healthy Kids!

### Mac's Nutrition News

This month, we are challenging you to focus on "Eating the Colors of the Rainbow." You can do this by choosing a variety of fruits and vegetables from every color found in the rainbow. More colors equals more variety, and more variety equals more ways to feed your body the healthy foods that help you feel good and thrive!

All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch \$2.85  
 Reduced Lunch \$0.40  
 Adult Lunch \$3.90

MASCHIO'S MAIN EVENT

Maschio's Swap Outs

April 3rd-7th : Grilled Chicken Sandwich

April 10th-14th: Ham & Cheese on Wheat

April 17th-12st: Hot Dog on a Bun

April 24th-28th : Corn Dogs

Maschio's Swap Outs Available Daily

Bagel Bag Meal  
Cereal Bag Meal

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>  Pretzel Hot Dog Battered French Fries 100% Juice Sorbet <b>Opening Day</b>	<b>4</b> Chicken Soft Tacos with Shredded Cheddar Cheese, Lettuce & Salsa Steamed Corn Fresh or Chilled Fruit	<b>5</b> Baked Ziti Garlic Bread Green Beans Italiano Fresh or Chilled Fruit	<b>6</b> <b>Breakfast for Lunch</b> Assorted Breakfast Breakfast Sausages Hash Browns Fresh or Chilled Fruit	<b>7</b> Panatieri's Cheese Pizza Freshly Prepared Italian House Salad Fresh or Chilled Fruit
<b>10</b> Crispy Chicken Sandwich Smile Fries Fresh or Chilled Fruit	<b>11</b> Meatball Parm On a Roll Veg of the Day Fresh or Chilled Fruit	<b>12</b>  Macaroni & Cheese Dinner Roll Green Beans Fresh or Chilled Fruit	<b>13</b> Stuffed Crust Pizza Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	<b>14</b> <b>School Closed</b>
<b>17</b> <b>School Closed</b>	<b>18</b> <b>School Closed</b>	<b>19</b> <b>School Closed</b>	<b>20</b> <b>School Closed</b>	<b>21</b> <b>School Closed</b>
<b>Spring Recess! School Closed</b>				
<b>24</b> Buffalo Popcorn Chicken Warm Breadstick Tater Tots Fresh Celery Dippers Fresh or Chilled Fruit	<b>25</b> Hot Turkey & Cheese Croissant Sub Freshly Prepared Garden Salad Fresh or Chilled Fruit <b>Earth Day</b>	<b>26</b> Hamburger or Cheeseburger on a Bun Smile Fries Fresh or Chilled Fruit <b>Heartzels Pretzels</b> <b>National Pretzel Day</b>	<b>27</b> <b>Breakfast for Lunch</b> Pancakes Blueberry Compote Breakfast Sausages Hash Browns Fresh or Chilled Fruit	<b>28</b> French Bread Pizza Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit




**Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily**

Check us out on Facebook : Maschio's Food Services, Inc.

Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!  
 Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
 Or Call Maschio's Food Services at: (609)397-0819

**Lunch Money On Account**  
**ON LINE MEAL PAYMENTS! (Coming Soon) [www.payforit.net](http://www.payforit.net)**  
**OR Send In An Envelope With Student Name, Grade & School Attention 'Food Service'**

Checks or Money Orders payable to:  
 South Hunterdon Regional School District

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"